

# Courage Triathlon

## Overall Male

Bib#	Name	Time	Type	City	
1.	30	Miller, Stephen	1:50:36.764	Law/Fire	Janesville
2.	5	Brown, David	1:52:38.591	Individual	Livermore
3.	41	Vandusseldorp, Marty	1:56:15.467	Law/Fire	Susanville
4.	37	Small, Rob	1:57:14.641	Individual	Livermore
5.	16	Growdon, Dean	1:57:35.257	Law/Fire	Susanville
6.	67	Duffy, Mike	2:03:21.414	Law/Fire	
7.	36	Shower, John	2:05:47.481	Individual	Greenville
8.	61	Geer, Todd	2:07:49.094	Individual	
9.	21	Hostetter, Stephen	2:09:20.724	Individual	Chico
10.	28	Mendonca, David	2:09:31.777	Law/Fire	Susanville
11.	35	Scarbrough, Jimmy	2:13:35.527	Law/Fire	Janesville
12.	63	Midthun, Josh	2:14:07.811	Individual	
13.	56	Wilkinson, Quinton	2:15:38.194	Individual	Chester
14.	62	Helsel - Chester Fire, William	2:15:38.257	Law/Fire	
15.	52	Williams, Jack	2:16:40.437	Individual	Sheridan
16.	13	Deforest, Matt	2:17:30.591	Law/Fire	Susanville
17.	1	Allen, Mike	2:17:55.264	Individual	Livermore
18.	27	Madrigal, David	2:19:25.531	Law/Fire	Cottonwood
19.	40	Thompson, Chip	2:25:12.001	Individual	Red Bluff
20.	23	Kiehl, Reiner	2:36:32.491	Individual	Ione
21.	64	Salisbury, Steve	2:40:57.514	Individual	
22.	6	Buenaventura, Bex	2:43:22.484	Individual	Rocklin
23.	51	Holliday, Grant	2:47:18.307	Individual	Lake Almanor
24.	8	Clausen, Dave	2:48:14.911	Individual	Susanville
25.	25	Lebert, Richard	2:49:27.251	Individual	Chester
26.	24	Laner, Dean	3:09:28.074	Law/Fire	Susanville
27.	11	Darnell, John	3:24:03.724	Law/Fire	Susanville
28.	49	Pentridge, Ed	3:24:04.614	Law/Fire	Susanville

## Overall Female

Bib#	Name	Time	Type	City	
1.	7	Burt, Prairie	2:04:25.914	Individual	Janesville
2.	47	Rabo, Dina	2:06:17.291	Individual	Chico

3.	17	Harrell, Cindy	2:15:08.747	Individual	Chester
4.	39	Tanaka, Stephanie	2:15:12.427	Law/Fire	Quincy
5.	57	Jilbert, Rachele	2:19:31.171	Individual	Chester
6.	43	Williamz, Shelby	2:19:34.571	Individual	Red Bluff
7.	14	Faeth, Janae	2:19:48.164	Individual	Cottonwood
8.	31	Nielsen, Jerri	2:23:13.147	Individual	Chester
9.	15	Growdon, Carol	2:27:02.241	Individual	Susanville
10.	22	Huber, Jeannie	2:34:33.651	Individual	Susanville
11.	26	Luna, Megan	2:34:33.651	Individual	Susanville
12.	29	Miller, Shannon	2:35:12.671	Individual	Janesville
13.	59	Quam, Shaye	2:36:36.724	Individual	
14.	4	Braswell, Tanah	2:37:25.321	Individual	Quincy
15.	58	Braswell, Sandi	2:37:26.834	Individual	Quincy
16.	33	Ray, Melinda	2:38:02.111	Individual	Brentwood
17.	45	Metter, Julie	2:41:05.927	Individual	
18.	32	Quam, Joni	2:43:23.027	Law/Fire	Susanville
19.	55	Dahl, Penny	2:43:44.934	Individual	Sheridan
20.	54	Holliday, Kim	2:47:18.021	Individual	Lake Almanor
21.	34	Rice, Emily	2:51:49.467	Individual	Chester
22.	46	Woodward, Alexa	2:52:53.597	Individual	Chico
23.	3	Ashe, Dianna	2:53:51.367	Individual	Chester
24.	66	Brown, Sandra	2:54:06.587	Individual	
25.	2	Arney, Dannette	2:57:25.564	Individual	Truckee
26.	44	Gower, Lovey	2:58:53.261	Law/Fire	
27.	12	Darnell, Laurie	3:06:12.721	Law/Fire	Susanville
28.	9	Craddock, Leeann	3:13:37.164	Individual	Susanville

## Law Enforcement Challenge

Bib#	Name	Time	Type	City	
1.	30	Miller, Stephen	1:50:36.764	Law/Fire	Janesville
2.	41	Vandusseldorp, Marty	1:56:15.467	Law/Fire	Susanville
3.	16	Growdon, Dean	1:57:35.257	Law/Fire	Susanville
4.	67	Duffy, Mike	2:03:21.414	Law/Fire	

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5.	28	Mendonca, David	2:09:31.777	Law/Fire	Susanville
6.	35	Scarborough, Jimmy	2:13:35.527	Law/Fire	Janesville
7.	102	Team Mcbain - Cdc/Ccc, -	2:14:21.194	Law/Fire Team	
8.	39	Tanaka, Stephanie	2:15:12.427	Law/Fire	Quincy
9.	62	Helsel - Chester Fire, William	2:15:38.257	Law/Fire	
10.	13	Deforest, Matt	2:17:30.591	Law/Fire	Susanville
11.	27	Madrigal, David	2:19:25.531	Law/Fire	Cottonwood
12.	108	Seaside Amigos - San Francisco Fire Dept, /J. Salisbury	2:33:27.841	Law/Fire Team	Pacifica
13.	109	Misfits - Cdc, /D. Mendonca	2:34:04.537	Law/Fire Team	
14.	101	The Wild Thangs - Cdc/Ccc, -	2:35:18.311	Law/Fire Team	
15.	32	Quam, Joni	2:43:23.027	Law/Fire	Susanville
16.	44	Gower, Lovey	2:58:53.261	Law/Fire	
17.	12	Darnell, Laurie	3:06:12.721	Law/Fire	Susanville
18.	24	Laner, Dean	3:09:28.074	Law/Fire	Susanville
19.	10	Craddock, Robert	3:13:37.114	Law/Fire	Susanville
20.	11	Darnell, John	3:24:03.724	Law/Fire	Susanville
21.	49	Pentridge, Ed	3:24:04.614	Law/Fire	Susanville

## Male 16-29

Bib#	Name	Time	Type	City
1.	61	Geer, Todd	2:07:49.094	Individual
2.	63	Midthun, Josh	2:14:07.811	Individual
3.	56	Wilkinson, Quinton	2:15:38.194	Individual
4.	62	Helsel - Chester Fire, William	2:15:38.257	Law/Fire

## Male 30-39

Bib#	Name	Time	Type	City
1.	5	Brown, David	1:52:38.591	Individual
2.	37	Small, Rob	1:57:14.641	Individual
3.	67	Duffy, Mike	2:03:21.414	Law/Fire
4.	13	Deforest, Matt	2:17:30.591	Law/Fire
5.	6	Buenaventura, Bex	2:43:22.484	Individual

## Male 40-49

Bib#	Name	Time	Type	City
1.	30	Miller, Stephen	1:50:36.764	Law/Fire
2.	16	Growdon, Dean	1:57:35.257	Law/Fire
3.	28	Mendonca, David	2:09:31.777	Law/Fire

4.	52	Williams, Jack	2:16:40.437	Individual	Sheridan
5.	27	Madrigal, David	2:19:25.531	Law/Fire	Cottonwood
6.	25	Lebert, Richard	2:49:27.251	Individual	Chester
7.	24	Laner, Dean	3:09:28.074	Law/Fire	Susanville
8.	49	Pentridge, Ed	3:24:04.614	Law/Fire	Susanville

## Male 50-59

Bib#	Name	Time	Type	City	
1.	41	Vandusseldorp, Marty	1:56:15.467	Law/Fire	Susanville
2.	35	Scarborough, Jimmy	2:13:35.527	Law/Fire	Janesville
3.	40	Thompson, Chip	2:25:12.001	Individual	Red Bluff
4.	23	Kiehl, Reiner	2:36:32.491	Individual	Ione
5.	51	Holliday, Grant	2:47:18.307	Individual	Lake Almanor
6.	8	Clausen, Dave	2:48:14.911	Individual	Susanville
7.	11	Darnell, John	3:24:03.724	Law/Fire	Susanville

## Male 60-69

Bib#	Name	Time	Type	City	
1.	21	Hostetter, Stephen	2:09:20.724	Individual	Chico
2.	1	Allen, Mike	2:17:55.264	Individual	Livermore
3.	64	Salisbury, Steve	2:40:57.514	Individual	

## Male 70-99

Bib#	Name	Time	Type	City	
1.	36	Shower, John	2:05:47.481	Individual	Greenville

## Female 16-29

Bib#	Name	Time	Type	City	
1.	14	Faeth, Janae	2:19:48.164	Individual	Cottonwood
2.	59	Quam, Shaye	2:36:36.724	Individual	
3.	4	Braswell, Tanah	2:37:25.321	Individual	Quincy
4.	46	Woodward, Alexa	2:52:53.597	Individual	Chico
5.	9	Craddock, Leeann	3:13:37.164	Individual	Susanville

## Female 30-39

Bib#	Name	Time	Type	City	
1.	7	Burt, Prairie	2:04:25.914	Individual	Janesville
2.	39	Tanaka, Stephanie	2:15:12.427	Law/Fire	Quincy

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3.	57	Jilbert, Rachelle	2:19:31.171	Individua 	Chester
4.	43	Williamz, Shelby	2:19:34.571	Individua 	Red Bluff
5.	31	Nielsen, Jerri	2:23:13.147	Individua 	Chester
6.	26	Luna, Megan	2:34:33.651	Individua 	Susanville
7.	33	Ray, Melinda	2:38:02.111	Individua 	Brentwood
8.	34	Rice, Emily	2:51:49.467	Individua 	Chester

## Female 40-49

Bib#	Name	Time	Type	City	
1.	47	Rabo, Dina	2:06:17.291	Individua 	Chico
2.	17	Harrell, Cindy	2:15:08.747	Individua 	Chester
3.	15	Growdon, Carol	2:27:02.241	Individua 	Susanville
4.	29	Miller, Shannon	2:35:12.671	Individua 	Janesville
5.	58	Braswell, Sandi	2:37:26.834	Individua 	Quincy
6.	55	Dahl, Penny	2:43:44.934	Individua 	Sheridan
7.	3	Ashe, Dianna	2:53:51.367	Individua 	Chester
8.	2	Arney, Dannette	2:57:25.564	Individua 	Truckee
9.	44	Gower, Lovey	2:58:53.261	Law/Fire	

## Female 50-59

Bib#	Name	Time	Type	City	
1.	22	Huber, Jeannie	2:34:33.651	Individua 	Susanville
2.	45	Metter, Julie	2:41:05.927	Individua 	
3.	32	Quam, Joni	2:43:23.027	Law/Fire	Susanville
4.	54	Holliday, Kim	2:47:18.021	Individua 	Lake Almanor
5.	66	Brown, Sandra	2:54:06.587	Individua 	
6.	12	Darnell, Laurie	3:06:12.721	Law/Fire	Susanville