

# Courage Triathlon 2016

## Overall Male Runner

Bib#	Name	Time	Type	City
1.	86	Redmond, Pierre	1:42:01.346	Individual Genoa
2.	24	Brown, David	1:45:25.156	Individual Livermore
3.	106	Hines, Gabriel	1:47:16.456	Individual La Crescenta
4.	103	Duffy, Mike	1:49:01.933	Individual Susanville
5.	58	Rivas, Michael	1:50:20.590	Individual Susanville
6.	2	Vandusseldorp, Marty	1:52:30.296	Individual Susanville
7.	10	Molina, Ruben	1:54:02.606	Individual Susanville
8.	5	Cummings, Adrian	1:55:24.466	Individual Auburn
9.	74	Gauthier, Gary	1:55:55.653	Individual Susanville
10.	100	Growdon, Dean	1:57:52.903	Individual Susanville
11.	62	Hirlbach, Mark	1:58:44.483	Individual Janesville
12.	93	Swayze, Mchael	2:00:33.770	Individual Janesville
13.	25	Allen, Mike	2:02:02.150	Individual Livermore
14.	65	Imhoff, Flip	2:02:28.850	Individual Chico
15.	84	Denmark, Justin	2:02:36.783	Individual San Ramon
16.	104	Allen, Mark	2:03:20.893	Individual Chico
17.	12	Deforest, Matt	2:05:01.670	Individual Susanville
18.	96	Geer, Todd	2:05:37.360	Individual Chester
19.	72	Runyan, Adam	2:06:13.280	Individual Susanville
20.	75	Van Sant, Ronald	2:06:41.006	Individual Dixon
21.	23	Helland, Chris	2:08:06.966	Individual Chester
22.	95	Wilkinson, Quinton	2:08:34.146	Individual Chester
23.	110	Van Sant, Kris	2:08:40.916	Individual El Dorado Hills
24.	114	Salisbury, Steve	2:11:54.843	Individual Durham
25.	64	Cargile, Dennis	2:11:56.853	Individual Durham
26.	79	Robbins, Randy	2:12:16.853	Individual Susanville
27.	92	Hostetter, Stephen	2:12:42.483	Individual Chico
28.	16	Kanner, Michael	2:13:09.773	Individual Tracy

29.	8	Kiehl, Reiner	2:13:24.226	Individual Sutter Creek
30.	20	Dalton, Jim	2:14:01.073	Individual Tracy
31.	44	Hatton, Dan	2:15:01.596	Individual Susanville
32.	1	Shihadeh, Scott	2:15:21.453	Individual Susanville
33.	7	Edwards, Nick	2:19:33.336	Individual Susanville
34.	94	Pickinpaugh, Cody	2:24:18.296	Individual Roseville
35.	85	Marks, Shane	2:24:18.716	Individual Rocklin
36.	56	Hansen, Justin	2:26:18.860	Individual Auburn
37.	80	Foy, Jon	2:26:28.233	Individual Lake Almanor
38.	88	Huynt, Larry	2:27:51.433	Individual Janesville
39.	108	Eldridge, Dustin	2:31:21.923	Individual Susanville
40.	116	O'brien, Pat	2:31:25.950	Individual Susanville
41.	83	Denmark, Jarod	2:31:34.503	Individual San Ramon
42.	38	Myers, Leon	2:34:21.736	Individual Susanville
43.	102	St. Peter, John	2:39:35.536	Individual Sacramento
44.	67	Baker, Robert	2:41:25.746	Individual Auburn
45.	41	Moore, Kelley	2:44:52.523	Individual Chico
46.	34	Gould, Cory	2:45:48.956	Individual Standish
47.	87	Skillen, Brandon	2:48:20.320	Individual Susanville
48.	71	Houston, Louie	2:57:20.403	Individual Susanville
49.	50	Amrein, Todd	3:28:23.220	Individual Susanville
50.	53	Homer, Don	3:28:23.520	Individual Clio

## Overall Female Runner

Bib#	Name	Time	Type	City
1.	111	Ring, Mary	1:56:16.146	Individual Redding
2.	107	Rabo, Dina	2:03:56.760	Individual Chico
3.	73	Runyan, Kristen	2:06:13.020	Individual Susanville
4.	57	Beyer, Coline	2:06:43.480	Individual Westwood
5.	91	Andersen, Amanda	2:08:45.206	Individual Vacaville
6.	78	Robbins, Jill	2:12:17.213	Individual Susanville

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7.	97	Laguna-Bates, Annette	2:17:00.810	Individual	Susanville	37.	39	Myers, Christi	2:42:15.606	Individual	Susanville																																								
8.	32	Linford, Jessica	2:18:00.930	Individual	Crescent Mills	38.	28	Rodda, Anika	2:42:58.513	Individual	Tracy																																								
9.	117	Laguna-Griffin, Linda	2:18:52.470	Individual	Standish	39.	98	Currie, Cookie	2:43:12.516	Individual	Alamo																																								
10.	13	Quam, Joni	2:19:15.960	Individual	Susanville	40.	45	Bergen, Karyn	2:43:12.626	Individual	Alamo																																								
11.	19	Harrell, Cindy	2:19:53.263	Individual	Chester	41.	81	Rovira, Wendy	2:43:12.626	Individual	Pleasanton																																								
12.	90	Kline, Michelle	2:20:16.310	Individual	Alturas	42.	46	Romo, Maria	2:43:12.740	Individual	Alamo																																								
13.	47	Cargile, Kristen	2:20:26.650	Individual	Durham	43.	30	Braswell, Tanah	2:44:50.983	Individual	Quincy																																								
14.	109	Earley, Laurie	2:23:21.970	Individual	Lake Almanor	44.	42	Munoz-Moore, Olga	2:44:52.086	Individual	Chico																																								
15.	77	Hanson, Chelsea	2:23:40.060	Individual	Susanville	45.	6	Edwards, Susan	2:47:15.953	Individual	Susanville																																								
16.	55	Jackson, Teresa	2:23:57.030	Individual	Corbett	46.	54	Betti, Megan	2:47:34.380	Individual	Janesville																																								
17.	35	Gould, Sara	2:24:32.486	Individual	Standish	47.	48	Southam, Kirsten	2:57:30.293	Individual	Durham																																								
18.	115	O'brien, Suzy	2:25:20.656	Individual		48.	27	Johnson, Karolyn	2:57:34.143	Individual	Sacramento																																								
19.	105	Gibbs, Josie	2:26:17.736	Individual	Lake Almanor	49.	101	Paiz, Brittney	2:59:34.766	Individual	Roseville																																								
20.	70	Johas-Darnell, Georgia	2:26:22.673	Individual	Susanville	50.	112	Messina, Andrea	3:06:01.490	Individual	Chico																																								
21.	14	Gulbransen, Ashley	2:27:58.826	Individual	Susanville	51.	49	Sohnrey, Brenda	3:06:01.770	Individual	Chico																																								
22.	18	Riley, Tina	2:29:12.573	Individual	Sacramento	52.	66	Gore, Amy	3:06:01.820	Individual	Durham																																								
23.	22	Moore, Kristy	2:32:43.510	Individual	Roseville	53.	3	Peay, Barbara	3:10:23.036	Individual	Reno																																								
24.	99	Flores, Kim	2:33:19.723	Individual	Lake Almanor	54.	9	Cota, Heather	3:17:55.800	Individual	Elk Grove																																								
25.	15	Dabbert, Heather	2:36:10.213	Individual	Davis	55.	51	Amrein, Chevi	3:28:21.573	Individual	Susanville																																								
26.	40	Hinds, Jeanie	2:36:53.070	Individual	Quincy	56.	52	Homer, Cathie	3:28:21.916	Individual	Clio																																								
27.	37	Blesse, Ashley	2:36:57.780	Individual	Quincy	57.	17	Kanner, Denise	3:33:27.863	Individual	Tracy																																								
28.	89	Wannamaker, Audrina	2:37:46.140	Individual	Susanville	<b>Open Division Team</b> <table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th>Bib#</th> <th>Name</th> <th>Time</th> <th>Type</th> <th>City</th> </tr> </thead> <tbody> <tr> <td>1.</td> <td>130</td> <td>North Arm Regulars, (J. Shower)</td> <td>1:35:59.863</td> <td>Open Team</td> </tr> <tr> <td>2.</td> <td>128</td> <td>Team Albright, (Albright)</td> <td>1:36:06.360</td> <td>Open Team</td> </tr> <tr> <td>3.</td> <td>129</td> <td>H 2 B, (Bales)</td> <td>1:45:27.820</td> <td>Open Team</td> </tr> <tr> <td>4.</td> <td>141</td> <td>Honey Lake Valley Assembly, (Jenner)</td> <td>1:57:08.533</td> <td>Open Team</td> </tr> <tr> <td>5.</td> <td>136</td> <td>Victorious Secret, (Vice)</td> <td>1:59:55.543</td> <td>Open Team</td> </tr> <tr> <td>6.</td> <td>140</td> <td>The Three Amigos, (Gaither)</td> <td>2:01:51.120</td> <td>Open Team</td> </tr> <tr> <td>7.</td> <td>159</td> <td>Die-Tri-Ing, (Hines)</td> <td>2:05:57.380</td> <td>Open Team</td> </tr> </tbody> </table>						Bib#	Name	Time	Type	City	1.	130	North Arm Regulars, (J. Shower)	1:35:59.863	Open Team	2.	128	Team Albright, (Albright)	1:36:06.360	Open Team	3.	129	H 2 B, (Bales)	1:45:27.820	Open Team	4.	141	Honey Lake Valley Assembly, (Jenner)	1:57:08.533	Open Team	5.	136	Victorious Secret, (Vice)	1:59:55.543	Open Team	6.	140	The Three Amigos, (Gaither)	2:01:51.120	Open Team	7.	159	Die-Tri-Ing, (Hines)	2:05:57.380	Open Team
Bib#	Name	Time	Type	City																																															
1.	130	North Arm Regulars, (J. Shower)	1:35:59.863	Open Team																																															
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30.	26	Mendoza, Judy	2:40:19.686	Individual	Madera																																														
31.	29	Braswell, Sandi	2:40:37.796	Individual	Quincy																																														
32.	61	Hansen, Kristina	2:40:54.660	Individual	Roseville																																														
33.	69	Baker, Marcella	2:41:23.876	Individual	Auburn																																														
34.	68	Baker, Gabriella	2:41:25.106	Individual	Auburn																																														
35.	31	Harper, Robin	2:42:06.183	Individual	Orland																																														
36.	33	Paschall, Christina	2:42:07.320	Individual	Orland																																														

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8.	139	Git Gud Scrub, (Whipple)	2:06:29.880	Open Team
9.	127	Flower Dew And Son, (Flower)	2:08:32.706	Open Team
10.	125	Triceratops, (Thiels)	2:10:55.303	Open Team
11.	151	The Branch Bunch, (Branch)	2:17:12.480	Open Team
12.	144	Faster Than...Something Slower, (D.Hines)	2:17:51.280	Open Team
13.	153	Mac Swag, (Cervantes)	2:19:31.790	Open Team
14.	132	Honorbound li (Mcclery, Murray, Adams), (Moore)	2:22:25.230	Open Team
15.	126	Team Palmer, (Palmer)	2:25:27.243	Open Team
16.	147	Team (Hurricane) Floyd, (Floyd)	2:29:08.493	Open Team
17.	157	Three's Company, (Harmon)	2:32:24.670	Open Team
18.	133	Honorbound I (Moore, Celum, Ashby), (Moore)	2:34:50.626	Open Team
19.	135	Jackson's Service Center Psychos, (Conrad)	2:37:37.310	Open Team
20.	124	Team Josh & Neil, (Zaninovich)	2:43:22.903	Open Team
21.	152	Illuminati Confirmed!!!, (Munoz)	2:46:51.440	Open Team

Reno

13.	137	Team Sajumo!, (Mckee)	2:51:46.680	Women's Team
14.	131	Twisted Sisters, (Ingram)	3:26:44.613	Women's Team

## Female 16-29

Bib#	Name	Time	Type	City	
1.	111	Ring, Mary	1:56:16.146	Individual 	Redding
2.	91	Andersen, Amanda	2:08:45.206	Individual 	Vacaville
3.	90	Kline, Michelle	2:20:16.310	Individual 	Alturas
4.	77	Hanson, Chelsea	2:23:40.060	Individual 	Susanville
5.	14	Gulbransen, Ashley	2:27:58.826	Individual 	Susanville
6.	89	Wannamaker, Audrina	2:37:46.140	Individual 	Susanville
7.	61	Hansen, Kristina	2:40:54.660	Individual 	Roseville
8.	69	Baker, Marcella	2:41:23.876	Individual 	Auburn
9.	68	Baker, Gabriella	2:41:25.106	Individual 	Auburn
10.	30	Braswell, Tanah	2:44:50.983	Individual 	Quincy
11.	54	Betti, Megan	2:47:34.380	Individual 	Janesville

## Female 30-39

Bib#	Name	Time	Type	City	
1.	73	Runyan, Kristen	2:06:13.020	Individual 	Susanville
2.	78	Robbins, Jill	2:12:17.213	Individual 	Susanville
3.	32	Linford, Jessica	2:18:00.930	Individual 	Crescent Mills
4.	109	Earley, Laurie	2:23:21.970	Individual 	Lake Almanor
5.	35	Gould, Sara	2:24:32.486	Individual 	Standish
6.	70	Johas-Darnell, Georgia	2:26:22.673	Individual 	Susanville
7.	22	Moore, Kristy	2:32:43.510	Individual 	Roseville
8.	40	Hinds, Jeanie	2:36:53.070	Individual 	Quincy
9.	37	Blesse, Ashley	2:36:57.780	Individual 	Quincy
10.	39	Myers, Christi	2:42:15.606	Individual 	Susanville
11.	42	Munoz-Moore, Olga	2:44:52.086	Individual 	Chico
12.	101	Paiz, Brittney	2:59:34.766	Individual 	Roseville
13.	9	Cota, Heather	3:17:55.800	Individual 	Elk Grove

## Women's Division Team

Bib#	Name	Time	Type	City
1.	143	Three Quick Chicks, (Urquizu)	1:58:29.063	Women's Team
2.	150	Fabulously Sporty, (Ready)	2:13:43.963	Women's Team
3.	149	Psych Ur It, (Mcintosh)	2:19:29.490	Women's Team
4.	146	The Elite, (Chambers)	2:23:59.363	Women's Team
5.	134	Tamojo, (Wright)	2:26:50.166	Women's Team
6.	156	Las. Fam. Services & S. Ashmore Lmft, (Ashmore)	2:27:02.033	Women's Team
7.	142	Team Denmark, (Denmark)	2:34:17.060	Women's Team
8.	148	Team Bowers, (Bowers)	2:36:38.830	Women's Team
9.	158	Dynamic Trio, (White)	2:41:23.980	Women's Team
10.	145	Team Bravehearts, (Sheffield)	2:42:11.176	Women's Team
11.	154	Beauty Queens, (Swinney)	2:47:16.273	Women's Team
12.	155	Jolly Frantic Lizards, (Vice)	2:48:16.283	Women's Team

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## Female 40-49

Bib#	Name	Time	Type	City
1.	107	Rabo, Dina	2:03:56.760	Individual Chico
2.	19	Harrell, Cindy	2:19:53.263	Individual Chester
3.	47	Cargile, Kristen	2:20:26.650	Individual Durham
4.	105	Gibbs, Josie	2:26:17.736	Individual Lake Almanor
5.	18	Riley, Tina	2:29:12.573	Individual Sacramento
6.	99	Flores, Kim	2:33:19.723	Individual Lake Almanor
7.	15	Dabbert, Heather	2:36:10.213	Individual Davis
8.	26	Mendoza, Judy	2:40:19.686	Individual Madera
9.	29	Braswell, Sandi	2:40:37.796	Individual Quincy
10.	31	Harper, Robin	2:42:06.183	Individual Orland
11.	33	Paschall, Christina	2:42:07.320	Individual Orland
12.	28	Rodda, Anika	2:42:58.513	Individual Tracy
13.	98	Currie, Cookie	2:43:12.516	Individual Alamo
14.	45	Bergen, Karyn	2:43:12.626	Individual Alamo
15.	81	Rovira, Wendy	2:43:12.626	Individual Pleasanton
16.	46	Romo, Maria	2:43:12.740	Individual Alamo
17.	48	Southam, Kirsten	2:57:30.293	Individual Durham
18.	112	Messina, Andrea	3:06:01.490	Individual Chico
19.	49	Sohnrey, Brenda	3:06:01.770	Individual Chico
20.	66	Gore, Amy	3:06:01.820	Individual Durham
21.	51	Amrein, Chevi	3:28:21.573	Individual Susanville

## Female 50-59

Bib#	Name	Time	Type	City
1.	57	Beyer, Coline	2:06:43.480	Individual Westwood
2.	97	Laguna-Bates, Annette	2:17:00.810	Individual Susanville
3.	117	Laguna-Griffin, Linda	2:18:52.470	Individual Standish
4.	13	Quam, Joni	2:19:15.960	Individual Susanville
5.	55	Jackson, Teresa	2:23:57.030	Individual Corbett
6.	115	O'brien, Suzy	2:25:20.656	Individual Chico

7.	21	Dalton, Diann	2:37:55.060	Individual Tracy
8.	6	Edwards, Susan	2:47:15.953	Individual Susanville
9.	17	Kanner, Denise	3:33:27.863	Individual Tracy

## Female 60-69

Bib#	Name	Time	Type	City
1.	27	Johnson, Karolyn	2:57:34.143	Individual Sacramento

## Female 70+

Bib#	Name	Time	Type	City
1.	52	Homer, Cathie	3:28:21.916	Individual Clio

## Male 16-29

Bib#	Name	Time	Type	City
1.	10	Molina, Ruben	1:54:02.606	Individual Susanville
2.	5	Cummings, Adrian	1:55:24.466	Individual Auburn
3.	93	Swayze, Mchael	2:00:33.770	Individual Janesville
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11.	87	Skillen, Brandon	2:48:20.320	Individual Susanville

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2.	106	Hines, Gabriel	1:47:16.456	Individual La Crescenta
3.	103	Duffy, Mike	1:49:01.933	Individual Susanville
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9.	56	Hansen, Justin	2:26:18.860	Individua	Auburn
10.	108	Eldridge, Dustin	2:31:21.923	Individua	Susanville
11.	38	Myers, Leon	2:34:21.736	Individua	Susanville
12.	102	St. Peter, John	2:39:35.536	Individua	Sacramento

## Male 40-49

Bib#	Name	Time	Type	City
1.	100	Growdon, Dean	1:57:52.903	Individua   Susanville
2.	75	Van Sant, Ronald	2:06:41.006	Individua   Dixon
3.	80	Foy, Jon	2:26:28.233	Individua   Lake Almanor
4.	67	Baker, Robert	2:41:25.746	Individua   Auburn
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6.	34	Gould, Cory	2:45:48.956	Individua   Standish
7.	50	Amrein, Todd	3:28:23.220	Individua   Susanville

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1.	86	Redmond, Pierre	1:42:01.346	Individua   Genoa
2.	2	Vandusseldorp, Marty	1:52:30.296	Individua   Susanville
3.	74	Gauthier, Gary	1:55:55.653	Individua   Susanville
4.	62	Hirlbach, Mark	1:58:44.483	Individua   Janesville
5.	65	Imhoff, Flip	2:02:28.850	Individua   Chico
6.	64	Cargile, Dennis	2:11:56.853	Individua   Durham
7.	16	Kanner, Michael	2:13:09.773	Individua   Tracy
8.	8	Kiehl, Reiner	2:13:24.226	Individua   Sutter Creek
9.	20	Dalton, Jim	2:14:01.073	Individua   Tracy
10.	44	Hatton, Dan	2:15:01.596	Individua   Susanville
11.	1	Shihadeh, Scott	2:15:21.453	Individua   Susanville
12.	88	Huynt, Larry	2:27:51.433	Individua   Janesville
13.	116	O'brien, Pat	2:31:25.950	Individua   Susanville

## Male 60-69

Bib#	Name	Time	Type	City
1.	58	Rivas, Michael	1:50:20.590	Individua   Susanville
2.	25	Allen, Mike	2:02:02.150	Individua   Livermore
3.	114	Salisbury, Steve	2:11:54.843	Individua   Susanville
4.	92	Hostetter, Stephen	2:12:42.483	Individua   Chico
5.	71	Houston, Louie	2:57:20.403	Individua   Susanville

## Male 70+

Bib#	Name	Time	Type	City
1.	53	Homer, Don	3:28:23.520	Individua   Clio